



J02 Eileen M. N. Kelly is turning over the CNS managing editor position to Edward W. Barker directly following this issue (10/01) of the CNS. Ed can be reached at (850) 452.4862, or DSN 922.4862. To subscribe to CNET News Service, please send e-mail to [Edward-W.Barker@cnet.navy.mil](mailto:Edward-W.Barker@cnet.navy.mil), with "SUBSCRIBE CNS" in the subject line, "CANCEL CNS" to cancel service.

**Get the word out about your command's education and training efforts. E-mail your story submissions by the 20<sup>th</sup> of each month, to [Edward-W.Barker@cnet.navy.mil](mailto:Edward-W.Barker@cnet.navy.mil).**

**Table of contents for CNET News Service 10/01 (01OCT01)**

- CNS1001 CHAPLAIN'S MESSAGE by Capt. Jerry E. McNabb, Staff Chaplain for the Chief of Naval Education and Training
- CNS1002 Great Lakes Sailors Unfurl Nation's Largest Flag, story by Navy Chief Journalist Rhonda Burke, NTC Public Affairs
- CNS1003 Stoic with Tears of the Heart: Naval Hospital Pensacola Remembers, story by Rod Duren, NH Pensacola Public Affairs
- CNS1004 Great Lakes Recruits Learn News from RDCs Stress Need to Keep Sailors Up-To-Date, story by Judy R. Lazarus, NTC Public Affairs
- CNS1005 Life's Experiences 'With God in a POW Camp,' story Rod Duren, NH Pensacola Public Affairs
- CNS1006 On Guard: Great Lakes Security Team Steps-Up to Answer Increased Mission, NTC Public Affairs
- CNS1007 Naval Hospital Lab Staff Working Double Time During Blood Collection Efforts, story by Nicole Singh, NTC Public Affairs
- CNS1008 American Red Cross Mobilizing Support for Military Families, story by American Red Cross Public Affairs

CNS1001      CHAPLAIN'S MESSAGE by Capt. Jerry E. McNabb,  
Staff Chaplain for the Chief of Naval Education  
and Training

PENSACOLA, Fla. (CNS) -- America stood in silence on 11 September and watched in horror as terrorist attacked the World Trade Center in New York and later the Pentagon itself. It was as if we were bound helplessly watching a horror that our mind has difficulty accepting. The media painted for us the images of people racing down the stairs of the towers being chased by flames and smoke. Of desperate individuals hanging out of windows, one hundred stories above the downtown streets. Of others, possibly lying quietly crouched behind a door, or lying in a room above the flames. Firemen, policemen, and medics working feverishly, to save others, never realizing that their lives would be taken within minutes of their efforts.

Soldiers, Sailors, Marines, civilians, and others at the Pentagon were quietly doing their jobs, while another plane was speeding in their direction. And, I choose to believe that at this same time that three heroes or more or more, helped crash the fourth plane and saved the symbol of democracy and freedom, our White House.

Thousands would die before this day ended, and even today we as a country continue to mourn. Mourning, not only for the great loss of human life, but of our innocence as a country far removed from this type of atrocity. However, in the midst of it all, we find patriotism abounding and we are united as a people and a country for the first time since WW II. Tears fill our eyes when we stand to our feet and sing the National Anthem or when we hear one of our Armed Forces hymns being sung. Churches, synagogues, and mosques are filled with individuals looking for strength and answers to why?

In all of this we are reminded that there is hope. Hope in the God that has created us and surely can sustain us. With God, we have the determination to expect a better tomorrow. For does not Isaiah 40:41 say, "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." There will be another day. Our loved ones can never be replaced, but their lives, and those who sacrifice their lives in this terrorist war that we have been forced to wage, must count for something. That is why God will give us the grace to face each day, our economy will rebound, our building will be rebuilt, our places of worship will be renewed with His presence, the terrorists will be found and punished, and freedom and liberty will continue to be the lofty towers that rise above the American landscape and the people who make her so great. So, "Be strong and take heart, all of you who hope in the Lord." Psalm 31:24.

--USN--

--USN--

--USN--

CNS1002 Great Lakes Sailors Unfurl Nation's Largest Flag,  
story by Navy Chief Journalist Rhonda Burke, NTC  
Public Affairs

CHICAGO (CNS) -- Buckets of rain pouring from gray afternoon skies couldn't dampen the spirit of Chicago residents as they showed their colors Sunday afternoon. Amidst chants of "U-S-A, U-S-A" more than 250 Sailors assigned to Naval Training Center (NTC), Great Lakes ran onto the field to unfurl the nation's largest flag. The flag, which measured 100 by 53 yards, stretched the length of Soldier Field. The presentation of the flag was part of pre-game ceremonies at one of the National Football League's oldest stadiums.

"It was really an awesome feeling to be standing there," said Seaman Christopher Roach, 22, of Fort Worth, Texas. "The crowd was absolutely incredible." Roach, who is a student at Electronic Technician School at NTC, was previously assigned to the ceremonial guard in Washington, D.C. His former leading petty officer, Electronics Technician 2nd Class Brian Moss, was killed Sept. 11, while working in the Pentagon.

"He had a great personality. No matter what the job was he was upbeat and positive. I was thinking of him while I was on the field. This was a way to honor him," he said. Roach also carried the American flag as part of the color guard on the field for pre-game ceremonies.

For Quartermaster 2nd Class Sheryl Mendes-Ellis, 33, a native of Brooklyn, N.Y., taking part in the event had special meaning. Two of her childhood friends were working in the World Trade Center when the hijacked planes hit it. Mendes-Ellis was one of the more than 200 Sailors who held the flag at shoulder level on the field during the playing of the National Anthem.

Pride, is what Mendes-Ellis says she was feeling during the presentation of the flag. "Just to see the crowd on their feet, waving the flags and shouting U-S-A, tore my heart out. It made me feel like I am doing something for my country and that all of America is standing with us."

The Culligan Holiday Bowl owns the flag. This is the third year that Naval Training Center Sailors unfurled the flag as part of pre-game ceremonies for the Chicago Bears home opener.

--USN--

--USN--

--USN--

CNS1003     Stoic with Tears of the Heart: NH Pensacola  
Remembers, story by Rod Duren, NH Pensacola  
Public Affairs

PENSACOLA, Fla. (CNS)-- On a clear-blue and warm, pre-Autumn morning, in the aftermath of a new generation's Pearl Harbor, the men and women of Naval Hospital (NH) Pensacola on Friday put on a stoic face for morning colors and memorial for those killed by "senseless terrorism" across America this week. But there were tears of the heart, and occasional mists to the eyes on this National Day of Prayer and Remembrance.

"There is no way for us to easily cauterize the injury that was inflicted on the soul of so many families, our nation, and our world," said newly reporting Commanding Officer, Capt. Richard L. Buck. "Words are far too shallow to measure the depth of our sadness; too diluted to express the full measure of our pain. We are just beginning to really process the feelings of having our fellow citizens so brutally killed."

"Today we mourn ... for lost fathers and mothers, for husbands and wives ... for brothers and sisters, and for children. All lost to acts of senseless terrorism," he said to the 200-plus staff members gathered outside the main entrance to the second oldest, still existing Navy hospitals in the United States.

"This is a time when we feel shock and anger ... emptiness, and sadness. We find ourselves attempting to find the right words to comfort a wounded heart, to ease the pain and grief of families, friends, shipmates, and fellow citizens," said Capt. Buck, a Navy doctor who is Board Certified in Preventive Medicine.

"I know, in spite of my best efforts, words fail me; but I know the feelings are still there. The hurt, the tears, the

anger, the loss and the pain," said the Los Angeles native.

None of the staff was more touched than New York City native Milagros "Millie" Busch, who has family living in the Big Apple. "Everyone [family] is OK," she said through misty eyes. "I want to go home, but I can't. " She sits up straight at her desk. "I have family here," she says wiping at a corner of her eye. "We're all family here [at the Naval Hospital]."

Buck praised his staff who he said has been going about healing, bringing harmony and people together. "You have gone far beyond the call of duty, reaching out and bringing our full capability to bear on our most important mission ... taking care of those we serve and taking care of one another. I am proud of your determination and steadfastness," he said.

On the morning after the terrorism in America, the commanding officer could not sleep. He awakened at 4:30 and realized staff members had been on unusual duty, checking vehicles and identifications, in front of a generally open-door military hospital.

"I just had to get up and come in and tell them 'thank you'," he said.

He didn't stop there. He made the rounds to the Emergency Room, the operating room and Labor and Delivery (L&D). L&D had 12 patients, two newborns delivered by C-Section and another sick baby that had to have a septic workout, according to a nurse on the floor.

About 7 a.m., Buck went back outside, to the only open gate at the NH, to thank the staff and volunteers for coming to work. They had to endure as much as a 2-hour wait in

traffic on Wednesday because of the tight security measures that was in place.

"Just coming in was an act of courage," said Capt. Buck earlier in the week. "I wanted to thank them personally. We're in the healing profession and it is our job to stay open to take care of people," he continued. "We want to keep the main thing, the main thing," he continued, "and that is to keep our facility running 24/7."

The Navy doctor went on to tell his staff at the memorial: "We gather and pause as people, as members of a nation, and as a Navy family to honor those we have lost. We've lost a part of America, part of our world, a part of ourselves, and a part of our military family. They did not die in vain. They put service above self, and patriotism above profit."

The commanding officer also went on to say that it was noteworthy to remember those who had risen to the occasion to display extraordinary tenacity in saving fellow human beings.

"May God richly bless those individuals, regardless of the differences of race, creed, gender, or religion, who have responded to help bring healing and wholeness to the injured, and comfort to those who mourn. They are without a doubt bound together by a common commitment to simply care for humanity," he said.

The Navy doctor went to praise the "great tenacity and resolve that is so vividly evident throughout our country. Despite terrorists' desires for total chaos, we have not been crippled in our national resolve to maintain a strong stance for freedom. Nor have we been disrupted in our ability to function as a decent society. Rather, we have



all worked hard to keep the stability and peace that is so cherished among our people," he said.

--USN--

--USN--

--USN--

CNS0104 Great Lakes Recruits Learn News From RDCs Stress  
Need to Keep Sailors Up-To-Date, story by Judy R.  
Lazarus, NTC Public Affairs

NAVAL TRAINING CENTER GREAT LAKES, Ill (CNS) -- It's no secret that during training Great Lakes recruits are virtually isolated from the outside world... television, radio and newspapers are not available to these young men and women during training. As a result they must depend on their recruit division commanders (RDCs) and other senior personnel for news of events that are happening beyond their borders.

"I don't think it's hit most of us yet," said Seaman Recruit Brandon Kische, a California native from Ship 10 whose recruits will graduate on Oct. 11. "We have no visual example of it," he added, noting that RDCs let them hear some of the news on the radio.

"Some of us heard about it while we were at classification," said Texas resident Seaman Recruit Randy Williams. "And one of our RDCs showed us some of the news on the Internet."

Seaman Recruit Lamont Sewell, who hails from Pennsylvania, said that, while he was marching, he heard people saying there was no more World Trade Center. "I was shocked. I never heard of anyone attacking America like that. I didn't see it on TV. It was hard to believe."

"Our petty officer advised us about it on our way back to the barracks," added Seaman Recruit Shawn Conrad from the state of Washington.

"We don't see it so we try to picture it," said Californian Seaman Recruit Anthony Juarez, "It sounds like a scene out of a movie. A few of us have been to medical and dental and have seen a little TV there. There's not much we can do"

he added. "But we feel that one way we can help is to prepare ourselves, to know what is going on."

Recruits agreed that, as one of them put it, "Ever since this has happened we've really pulled together."

There were words of praise for RDCs:

"They're our best way to find things out. I won't believe it until I hear it from them. They're keeping us up-to-date," one recruit said.

"The RDCs said we should use our sadness in a constructive manner," his buddy said. "One RDC called a friend in New York to see if he could find out anything about some recruits' family members."

"We get yelled at by the petty officer every day," another recruit noted. "Now we see they're human, that they actually care about us. They've been real supportive."

"Wednesday morning we gave an update in the compartment," explained Machinery Repairman 1<sup>st</sup> Class (Surface Warfare-qualified) Michael Betts, who, along with Aviation Structural Mechanic 1<sup>st</sup> Class (Air Warfare-qualified) William Tomes, is RDC of Division 411.

"As soon as I find something out, they have a right to know it," he said. "I fill them in as to what happened that morning. Then my partner, who has the morning off, fills in more when he comes in. We want them to be mentally prepared for any event."

Talking about what happened helps recruits, Betts believes.

"It's good therapy for them," said the Michigan native.

"This is really mind boggling. It's incredible that something like that could happen."

Betts has told his recruits, "I would much rather be aboard ship, but it's my job to prepare you guys."

Ship Seven Division Officer Lt. j.g. Shawn Polk made a videotape of a newscast and brought it in for recruits to view.

"I showed the tape and explained what it meant," Polk said. "We tried to get their perception of it and how it was going to affect them." For the most part, recruits will still get to go to their schools, said the North Carolina native. "If they do go right out to the fleet, we don't want them to be afraid. We're using the tape as motivation to defend their country."

"Recruits can talk to their RDCs," said Senior Chief Machinist's Mate (Surface and Air Warfare-qualified) Jerry Balzell, Ship Seven leading chief petty officer. "The RDCs see them every day and with issues like this they can ask the RDCs about it. They have no outside contact except for the three phone calls they are allowed during training."

"RDCs do an excellent job," Polk said. "They have Internet access, and can explain things to recruits."

"We heard rumors at the galley," said Seaman Recruit Donald Woods, an Illinois native. "The RDCs sat us down and let us know what happened so there wouldn't be rumors. They tell us. 'As soon as we find out we'll let you know.'"

When he first heard about the explosions, Seaman Recruit Jonathan Davis, a Texas native, said, "I thought it was a training evolution at first. Then I found out later what it was all about."

"I got a letter from my mom and she told me everything, about the news in the civilian world," said Seaman Recruit Henry Kreuger, from Michigan.

Recruits are aware that they might have to go to war. "We knew that when we joined the military," one said. Others added, "This has been an insult to our constitution; we're angry about it."

"We're trying to find out what the recruits know and filling in the blanks," said Senior Chief Utilitiesman (Seabee Combat Warfare Specialist) Charles Gregory, a Colorado native and RDC for Division 407. "We want to keep them up to date. For the first few days we gave more information; now it's in bullets."

"We try to give them information as we hear it, so there won't be that big question mark," added Idaho native Chief Yeoman (Submarine) Randall Ash, Division 408 RDC. "But we limit it to a half-hour. Right now it's hurry up and wait."

"If the recruits don't know anything, they're going to wonder," said Gregory. "If the RDCs are calm then the recruits will be calm. They won't be as apprehensive."

--USN--

--USN--

--USN--

CNS1005 Life's experiences 'With God in a POW Camp,'  
story Rod Duren, NH Pensacola Public Affairs

PENSACOLA, Fla. (CNS) -- Retired U.S. Navy commander Ralph E. Gaither Jr., currently a resident in the Gulf Breeze area of Northwest Florida, earned a plate full of life's experiences in a North Vietnamese prison camp over a seven-year period between 1965-73.

In October 1965, Lieutenant junior grade (Lt.j.g.) Gaither, who was on his 72nd combat mission, was the last of three F4 Phantom pilots to take off on a strike mission from USS INDEPENDENCE (CVA 42). The three Phantoms were all shot down within a few miles of each other in the Long Song Province of North Vietnam near the Chinese border.

Four of the six naval aviators were captured and detained as Prisoners of War. Of the other two pilots, one was killed and one is listed as missing.

"I learned many things as a prisoner of war," says the recently retired Escambia High School technology teacher and current professional woodcarver. "The most significant is that there is indeed a God who listens and cares. We must live each day with an appreciation for the many blessings we have been so fruitfully given," he says.

Cmdr. Gaither will share his life experiences with participants, and a long line of distinguished medical and fitness experts, at the fifth annual 'Health Excellence and Fitness Symposium' in Pensacola from November 6-9.

The event, co-hosted by Naval Hospital Pensacola, Baptist, Sacred Heart and West Florida hospitals, American Lung Association, Naval Aviation Schools Command, University of West Florida and Pensacola Junior College, will be held at Naval Air Station Pensacola's Mustin Beach Officers' Club.

Among some of the other special guest speakers will be nationally known runner and fitness author, Hal Higdon; Mobile, Ala., sleep disorders specialist, Dr. Robert Dawkins; and diet revolutionist Georgia Kostas of the Cooper Clinic in Houston. Jim Teatum, president of the Nautilus Company and internationally known cardiothoracic surgeon, Dr. Thomas Vassiliades of Pensacola, will also be presenting.

Continuing education credits for those in health-related fields will also be available. For additional information call the Health Promotions Department at (850) 505-6339/6112. There's also symposium agenda information and registration on the Naval Hospital's website: <http://psaweb.med.navy.mil>. Registration is limited.

Some of the additional subject areas to be discussed include: Healthy aging, latest techniques in open heart surgery, environmental toxins and children's health, solution to the diet revolution, acupuncture, flexibility training, wellness and your funny bone and anger management.

Gaither, who is a native of Birmingham, Ala., has been involved in his new profession of woodcarving in recent years. Among one of his more special pieces is a hand-carved mahogany seal located on the center panel of the bench of the Alabama Supreme Court in Montgomery.

--USN--

--USN--

--USN--

**CNS1006**    On Guard: Great Lakes Security Team Steps-Up to  
Answer Increased Mission, NTC Public Affairs

NAVAL TRAINING CENTER GREAT LAKES, Ill (CNS) -- It is a job they have always trained to do, but never expected to have to do.

Within three hours of the terrorist attack on the World Trade Center and the Pentagon, the Great Lakes Security Team had implemented the highest level of security ever called for at the Navy's largest training center.

"Everyone of us here feels a tremendous responsibility for the safety of every student, employee, family member and service member on this base," said Great Lakes Police Chief Jim Goldman.

The Great Lakes Security Team is three pronged and includes members of the Great Lakes Police Department, military members assigned to the Security Department, as well as the Auxiliary Security Force (ASF), which is comprised of service members assigned by their command to augment security during times of need.

"These guys have been working 12 [hours] on, 12 off since this started and there is no end in sight," said Goldman. "They have done it without a complaint. They are trained and ready."

Lt. Larry Jones, serving as security officer, is the military arm of the security team.

"The support from Great Lakes personnel has been tremendous," he said. "We owe them all a really big thank you: from the Public Works Transportation Department, which has given nothing but 120 percent of their service and support, to McDonalds providing food and water, the



Seabees, and the FBI Range in North Chicago, everyone has been there to help us get our jobs done."

Members of Naval Reserve Security Units assigned to Naval Air Reserve Activity, Great Lakes, have also augmented the security team. Many of the members of the unit, whose residences are scattered throughout northern Illinois and southern Wisconsin, reported for duty the night of the attacks. Many of them know they will likely be back as Reserve call-ups begin to take place in the coming weeks.

"We have a job to do and that's what we are here for," said Personnelman 1<sup>st</sup> Class Cliff Paul, who in civilian life is a police officer with the Buffalo Grove Police Department.

The implementation of the additional security forces has also had an impact on commands where the ASF members are assigned. The members are assigned a variety of jobs, from service school instructors, to lawyers, to medical personnel.

Machinist Mate 2<sup>nd</sup> Class J. R. Feldhaus is an instructor at Machinist Mate "A" School. He was preparing to teach a course, when he was called up.

"I was really excited about getting on the "stick", a term used to describe teaching a course, but this is a job that has to come first," he said of being an auxiliary security member.

The security team also includes the Construction Battalion Unit 401 at Great Lakes. Lt. Don Dasher, officer-in-charge of the unit, has spent numerous hours in the command center, helping to orchestrate the security team. The Seabees have been on posts, moving concrete barriers and heavy equipment to guard the base.

For Lt. Jason Grove, a Navy lawyer, it is the outpouring of support from the community that means the most.

"We really have to thank all of the people who have come together and taken care of our guys," he said. "That warm cup of coffee makes a difference in the middle of the night."

Goldman is quick to point out that the security operations have run so smoothly, because base employees have understood.

"People have been very understanding. They know we are not trying to irritate them. We are doing what we have to do to fulfill our responsibility to make Great Lakes safe," he said. "All of our training and all the preparation had to come together in an instant last week, and we were ready."

--USN--

--USN--

--USN--

CNS1007     Naval Hospital Lab Staff Working Double Time  
During Blood Collection Efforts, story by Nicole  
Singh, NTC Public Affairs

NAVAL TRAINING CENTER, GREAT LAKES, Ill. (CNS) -- The lab at Naval Hospital is an extensive busy hub of activity, due to the tragic events that took place Sept. 11. "Our crew is working around the clock to make sure all people who want to donate get through," said Cmdr. Steven Allen. "They are exhausted but keep working furiously in our lab."

Allen said the Naval Hospital staff was doing a blood drive when the news came through that the World Trade Center had been attacked.

We immediately mobilized our staff for that situation and continued to draw blood.

Allen said on that day personnel collected the same amount of blood it would generally take them two weeks to obtain.

After catching about two to four hours of sleep, the crew was back at work on Wednesday, Sept. 12<sup>th</sup>, ready to take on a new wave of donors.

Allen said, "We collected the same amount of blood [Wednesday] it would take us usually two to three weeks to collect.

The staff at the lab has basically doubled in size to help accommodate all the donors and processing work that has to be done on the blood before shipping.

The commander said right now the hospital is taking the same amount of draws a day it would take a month to compile.

The hospital staff is working hard in the effort to support those fallen in the attack, and to compile a back fill of blood at the DoD and Navy facilities.

The hospital lab staff collected blood on Tuesday, Wednesday, and Thursday. They had to stand down on Friday to bring in and train the emergency staff in the lab, but we were back at work on Monday processing donors and collecting blood he said.

"I really find it difficult to just mention one or two names of the people on my crew who has put in extra efforts here at the hospital, because they all are making sacrifices and working harder to keep these drives going and to get the blood where it needs to be," said Allen.

He said the staff will continue working this vigorous schedule until they are told not to proceed.

--USN--

--USN--

--USN--

CNS1008 American Red Cross Mobilizing Support for  
Military Families, story by American Red Cross  
Public Affairs

WASHINGTON (NNS) -- American Red Cross Armed Forces Emergency Services (AFES) is marshalling resources at more than 100 installations nationwide and around the world to assist members of the U.S. military and their families as troops ready their response to the Sept. 11 terrorist attacks on America.

Serving active-duty military personnel and their families for more than a century, the Red Cross recently enhanced its reach to the community-based military: the National Guard and Reserves. In the months ahead, active-duty military, Guardsmen and Reservists will be separated from their families.

"Every day, Red Cross AFES carries the sad news of a death, or the joyful news of a birth, to servicemen and women worldwide, and we often arrange emergency travel, enabling military families to be together," said Sue Richter, vice president of AFES.

"The long separations and stressful situations that occur when a service member is stationed abroad often places a serious emotional strain on families," Richter continued. "The Red Cross keeps military personnel and their families close through services including confidential counseling as well as neutral, impartial assistance when and where needed, particularly during times of crisis at home."

Through its network of more than 1,000 chapters nationwide and 20,000 employees and volunteers working in offices on military installations across the world, the Red Cross provides emergency services around-the-clock and around the globe.

Every day, hundreds of U.S. service men and women use the Red Cross for worldwide emergency communication with families, confidential counseling, access to financial assistance for military families in crisis, family support and veterans assistance.

On average, AFES works with more than 15,000 families each month.

In 2000, AFES transmitted 53,472 e-mail messages and received 52,696 replies for both military and civilian personnel working around the globe for the Department of Defense.

Combining the "high touch" for which they have long been recognized with today's "high-tech" systems and equipment, Red Cross employees and volunteers help to bridge the communication gap between the armed forces and their families back home.

Families of active-duty, National Guard and Reserve members in need of assistance should contact their local American Red Cross chapter.

Currently operating on a budget of \$2.7 billion, the Red Cross annually mobilizes relief to the victims of more than 67,000 disasters nationwide and has been the primary supplier of lifesaving blood and blood products in the United States for more than 51 years.

In 2000, the Red Cross also trained nearly 12 million people in vital lifesaving skills, provided direct health services to more than two million people and delivered more than 21 million locally relevant community services.

The organization also assisted international disaster and conflict victims in close to 40 locations around the globe, and its emergency communication centers processed 1.2

million calls in support of U.S. military families. Dr. Bernadine Healy is the current president and chief executive officer of the American Red Cross.

For more information on the Red Cross, go to <http://www.redcross.org/>.

--USN--

--USN--

--USN--